

## CLOTHING AND EQUIPMENT FOR THE OREGON TRAIL OVERNIGHT PROGRAM



Following is a suggested list of needed items. Please **do not** put your family to needless expense, but rather borrow from friends and bring older clothing and equipment that you might already have. The main thing you want to consider is that your child will be dressed warmly enough and that he/she will keep dry in case of rain. Remember, the weather outside may change --prepare ahead. Ideally one small bag plus sleeping gear or one large bag **with** sleeping gear is best to have enough room in the bus.

### Sleeping Gear

Warm sleeping bag or three blankets and sheets (extra blanket if your sleeping bag is light)  
Pillow and pillow case

### Clothing:

One full extra change of clothes from what the student wears on the first day.

Jeans or heavy trousers or a long skirt	
Shirt or blouse	Sweater or sweatshirt
Warm jacket	Socks (2 or 3 extra pairs)
Underwear	Pajamas or night gown
Extra shoes or boots	
Raincoat or poncho (you can find emergency rain ponchos for under \$2.00)	

### Personal Gear

Wash cloth	Soap
Toothbrush	Toothpaste
Brush or comb	One large garbage bag for wet or dirty clothes
Hand Towel	Water Bottle

**Please do not bring money, electronic games or music players, comic books, pocket knives, jewelry, card games, matches, curling irons, make-up or anything to eat, including candy or gum.**

## MEDICATION

Place all medication required at the site into a **ziplock bag labeled with your child's name, school and teacher**. Give the medication directly to your child's teacher at the bus. **Medication must be in the original container**. The direction on the prescription label **must match exactly** what you wrote on the parent/guardian authorization on your child's health history form.